

# PROGRAMMING HIGHLIGHTS FOR ABC NEWS' 'GOOD MORNING AMERICA' AND 'GMA3' JUNE 30-JULY 5



ABC News\*

The following report highlights the programming of ABC's Emmy® Award-winning "Good Morning America" and Emmy Award-nominated "GMA3" during the week of June 30-July 5. "Good Morning America" is a two-hour, live program airing Monday-Friday (7:00-9:00 a.m. EDT), and Saturday–Sunday mornings (check local listings) on ABC. "GMA3" is a one-hour program airing weekdays at 1:00 p.m. EDT /12:00 p.m. CDT on ABC. Simone Swink is the senior executive producer for both programs.

## Highlights of the week include the following (subject to change):

#### "Good Morning America"

Monday, June 30 — Actor Evan Handler ("And Just Like That..."); lifestyle expert Emma Villaneda shares cheap and clever packing hacks for summer family getaways; Shop GMA series featuring outdoor workout gear with fitness expert Ciara Lucas; Dr. Whitney Bowe shares expert tips on safe and effective skincare for teens.

Tuesday, July 1 — Actors Annie Murphy, Christine Baranski and Mark Strong ("Nine Perfect Strangers"); celebrating 20 years of Shondaland with Shonda Rhimes and Betsy Beers; Dr. Whitney Bowe with ways to alleviate sunburn; the kickoff of a three-day series, featuring Deals & Steals with

products made in America with ABC e-commerce editor **Tory Johnson**; "GMA" contributor **Becky Worley** shares the best protein bars.

**Wednesday, July 2** — "Bachelor in Paradise" host **Jesse Palmer**; chef **Rocco DiSpirito** shares meals for Fourth of July; **Kate Gibson** and **Charlie Gibson** ("The Book Case" podcast); day two of Deals & Steals featuring products made in America with ABC e-commerce editor **Tory Johnson** 

**Thursday, July 3** — Toronto Raptors president **Masai Ujiri** discusses his Giants of Africa foundation; Good Housekeeping's nutrition and fitness director **Stefani Sassos** reveals the 2025 Best Snack Awards; day three of Deals & Steals featuring products made in America with ABC e-commerce editor **Tory Johnson** 

Friday, July 4 — "GMA"'s Fourth of July cookout with chef Phil Johnson; shark expert Dr. Michael Heithaus on National Geographic's "Sharkfest"; Fourth of July sales with "GMA" contributor Becky Worley; Shop GMA series featuring Fourth of July deals with ABC News' Will Ganss

**Saturday, July 5** — ABC Secret Sales with ABC News' **Will Ganss**; lifestyle expert **Maria Provenzano** shares ways to use leftover burgers, buns and hot dogs.

### GMA<sub>3</sub>

**Monday, June 30** — Lifestyle expert **Emma Villaneda** shares cheap and clever packing hacks for summer family getaways; Shop GMA series featuring outdoor workout gear with Well+Good's Head of Content **Amy Eisinger**; **Dr. Whitney Bowe** shares expert tips on safe and effective skincare for teens.

**Tuesday, July 1** — Actors **Annie Murphy, Christine Baranski** and **Mark Strong** ("Nine Perfect Strangers"); ABC Secret Sales with ABC News' **Will Ganss**; **Dr. Whitney Bowe** with ways to alleviate sunburn; Deals & Steals with products made in America with ABC e-commerce editor **Tory Johnson** 

Wednesday, July 2 — Wells Adams and Hannah Brown ("Bachelor in Paradise"); chef Rocco DiSpirito shares meals for Fourth of July; Deals & Steals with products made in America with ABC e-commerce editor Tory Johnson; GMA Health Alert with ABC News medical correspondent Dr. Darien Sutton

**Thursday, July 3** — Actor **Rob Lowe** discusses cancer research and how it changed his life with "GMA" lifestyle contributor **Lori Bergamotto**; sports columnist **Christine Brennan** discusses new Caitlin Clark biography ("On Her Game"); Deals & Steals with products made in America with ABC ecommerce editor **Tory Johnson** 

**Friday, July 4** — "GMA"'s Fourth of July cookout with chef **Phil Johnson**; Shop GMA series featuring Fourth of July deals with ABC News' **Will Ganss**; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula** 

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