



April 18, 2025

**HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX,
APRIL 21-25**

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of April 21, 2025. Please note: The lineup is subject to change.

Monday, April 21: Manscape Landscape: Inside The Manosphere: **EXCLUSIVE** former NBA star and sports analyst **JALEN ROSE** opens up about the phone call he had with his father whom he never met. Then, bestselling author of "The Man the Moment Demands" **JASON WILSON** joins the conversation. Later, **BOND BENTON, Ph.D.**, stops by; plus a 16-year-old Detroit native who shares how he found himself drawn into the manosphere during the pandemic. And professional counselor **JOHN MARKETTE** shares three important tips for parents of young men.

Tuesday, April 22: Gorgeous Grays: Today, meet the gorgeous grays taking over the Internet and showing us what it means to age gracefully. First, beauty influencers **TENNILLE JENKINS** and **VANESSA CHAMBERLIN** sit down to discuss why women should break free and embrace aging. Then, model and three-time New York City Marathon finisher **MARYANNE CONNAUGHTON** shares how her gray hair helped her career. Later, music industry executive-turned-model **LONO BRAZIL** talks about starting his modeling career at age 54. Then, Tamron's hair stylist **JOHNNY WRIGHT** reveals a gray hair makeover he gave to a lucky Tam Fam member. Plus, an all-new Shop Tam Fam.

Wednesday, April 23 (OAD: 1/10/25): Right Place, Right Time: **A DAYTIME EXCLUSIVE** with one of the most dynamic sports personalities of all time, **DEION SANDERS**. He's sharing details on his new talk show; his Amazon documentary, "Coach Prime"; his sons as they head into the NFL DRAFT; the controversial backlash against one of his star players, Travis Hunter; and his own personal health struggles. Next, **BERNICE WILLIAMS**, her daughter, **RUBIE WILLIAMS**, and her granddaughter, **LEILA EVANS** – three generations of community volunteers in the D.C. area – who say spreading kindness is in their DNA.

Thursday, April 24: Actress, podcaster and author **TIKA SUMPTER** sits down with the Tam Fam to talk about her new children's book, "I Get It From My Mama." Then, stylists **CLINTON KELLY** and **STACY LONDON** talk about going from TLC's "What Not To Wear" to their new show "Wear Whatever The * You Want," premiering on Amazon Prime.

Friday, April 25: It's Fielding Season: **A DAYTIME EXCLUSIVE** with Emmy® Award-nominated actress and producer **YVONNE ORJI** who is now hosting "Pop The Balloon Live" on Netflix. Yvonne

shares behind-the-scenes intel on the show and gives her take on 2025's wildest dating trends. Known as TikTok's Cupid, **TIFF BAIRA** returns to the show to chat about her new book, "Modern Dating for Dummies," and dating show "Love Train." Plus, Tiff is hosting an in-studio date with two lucky Tam Fam singles.

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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