



Jan. 13, 2022

**RICKY GERVAIS, ANDY SAMBERG,
BRIAN COX AND SYDNEY SWEENEY
HEADLINE GUEST LINEUP FOR THE WEEK OF JAN. 17-21
ON 'LIVE WITH KELLY AND RYAN'**

Nationally syndicated morning talk show "Live with Kelly and Ryan" announces the lineup of guests appearing on the show the week of Jan. 17-21.

Monday, Jan. 17 – Kelly and Ryan chat with actor RICKY GERVAIS about the third season of "After Life," and "Live" kicks off a "Fit-Fluencer" themed week of "Live's New You in '22," with some favorite fitness gurus providing some great home workouts! The week starts off with a fast and easy fat-burning workout with fitness expert JILLIAN MICHAELS.

Tuesday, Jan. 18 – The hosts catch up with actress HILARY DUFF about the new series "How I Met Your Father." Plus, "Succession" star BRIAN COX talks about his new book, and "Live's New You in '22" continues with a full-body workout with wellness expert MELISSA WOOD-TEPPERBERG.

Wednesday, Jan. 19 – Actress JENNA DEWAN tells the hosts about the TV series "The Rookie," and actress SYDNEY SWEENEY breaks down the new season of "Euphoria." In addition, Kelly and Ryan dive into another segment of "Live's New You in '22" with a workout with fitness guru EMMA LOVEWELL.

Thursday, Jan. 20 – Actor DAVID BOREANAZ tells the hosts about the drama series "Seal Team." Plus, Lifestyle expert MONICA MANGIN is back with more bargains and "Live's New You in '22" continues with another must-try workout with trainer JEANETTE JENKINS.

Friday, Jan. 21 – Kelly and Ryan chat with actor ANDY SAMBERG about his role in "Hotel Transylvania: Transformania," and actress EDI PATTERSON discusses the series "The Righteous Gemstones." Plus, the "Fit-Fluencer" week of "Live's New You in '22" wraps up with some exercise with fitness entrepreneur CASSEY HO.

"Live with Kelly and Ryan" is distributed in national syndication by Disney Media & Entertainment Distribution. The show is produced by WABC-TV in New York and executive produced by Michael Gelman, Kelly Ripa and Ryan Seacrest. Visit "Live" on the web (KellyandRyan.com), [Facebook](#), [Instagram](#), [Twitter](#) and Snapchat (@LiveKellyRyan).

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