

April 2, 2025



THURSDAY, APRIL 3

[IMPACT x Nightline](#): “Tracy Anderson: Fitness, Fame and Hollywood” (325) – Streaming Only on **[Hulu](#)**

Logline: Tracy Anderson has been dubbed by many a “secret weapon” in Hollywood. Stars like Gwyneth Paltrow, Jennifer Lopez and more turn to her famed fitness method, but it hasn’t been without controversy. “IMPACT x Nightline” goes behind the scenes.

The Inside Scoop:

- ABC News Studios’ **“IMPACT x Nightline: Tracy Anderson: Fitness, Fame and Hollywood”** begins streaming on Thursday, April 3, only on Hulu.
- The episode, led by “Nightline” co-anchor **Juju Chang**, features an all-new sit down with fitness mogul **Tracy Anderson**, offering a rare glimpse into her rise to fame and enduring influence. Anderson delves into her upbringing and dance background, which shaped her signature fitness method—one that has drawn A-list clients like Gwyneth Paltrow, Kim Kardashian and Jennifer Lopez. She also opens up about her highly publicized fallout with Madonna, the criticism she has faced, and the challenges of protecting her brand, sharing how she navigated controversy to cement her place in the fitness industry.
- Additional interviews include the following:
 - **Olivia Palermo**, model and fashion influencer
 - **Dale Stabler**, co-founder, Sweats & The City
 - **Kelley Carter**, senior entertainment reporter, Andscape