



Dec. 13, 2023

**HIGHLIGHTS FOR 'TAMRON HALL' SEASON FIVE,
DEC. 25-29**

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of Dec. 25, 2023. Please note: The lineup is subject to change.

5050R: Monday, Dec. 25: (OAD: 11/17/23) Made With Love: Patti Labelle, Ruben Studdard: The Godmother of Soul PATTI LABELLE is here! Patti gives the Tam Fam the latest on her tour, plus she gets in the kitchen to share one of her favorite recipes! Then, multiple award-winning, platinum artist and American Idol winner RUBEN STUDDARD and his wife, KRISTIN MOORE-STUDDARD, are here. And Ruben is ready to wow audiences with his new album, "The Way I Remember It," and will perform his latest hit, "Masterpiece."

5038R: Tuesday, Dec. 26: (OAD: 11/1/23) Beyond The Character: Tamron welcomes Emmy® Award-winning and beloved actor, producer, comedian, director and author HENRY WINKLER to discuss his iconic career, personal struggles and new memoir, "Being Henry." Then we'll meet the U.S. Army sergeant whose video went viral when he learned his daughter's varsity cheer squad routine! And DINA ESTRADA, an auto mechanic, on how she created an inclusive business for customers. Plus, hip-hop dancer LIZZY HOWELL on her triumphant story of being brave enough to be herself.

5040R: Wednesday, Dec. 27: (OAD: 11/3/23) Tamron's Fall Beauty Bar: The ultimate list of hottest beauty, skin, makeup, brow and nail techniques Tamron's loves are on full display for this Tam Fam event! Kicking off with K-Beauty entrepreneur ALICIA YOON shares the steps to the viral "glass skin" trend everyone's trying to achieve. Then, Allure's editor-in-chief, JESSICA CRUEL, will share what products made the list for the highly anticipated 2023 Best of Beauty Awards! Then, CHELSEA RIGGS, founding member and brand president of the hottest hair brand, Amika, on reinventing distribution to hair salons in local communities, celebrity stylist RITA HAZAN reveals fall's hottest hairstyles, and master nail technician ANGIE AGUIRRE on today's newest nail trends. Plus, vegan rapper STYLES P. drops by with tips on how to eat and drink yourself beautiful with healthy snacks and smoothies.

5022R: Thursday, Dec. 28: (OAD: 10/4/23) Full Circle Connections: Tamron welcomes VIVICA A. FOX on making her directorial feature film debut, and she will be joined by TONESA WELCH, who discusses the film based on real-life events, "First Lady of BMF: The Tonesa Welch Story." Then, an engaged Florida couple shares their viral love story of when they were set up on Instagram by a mutual friend. Then, National Geographic star BERTIE GREGORY on his newest full circle adventure

of capturing wildlife behavior like we have never seen before in his new series, “Animals Up Close with Bertie Gregory.” Plus, Tam Fam meets a former patient who’s following in the footsteps of the doctor who helped save her life!

5019R: Friday, Dec.29: (OAD: 9/29/23) Tamron Hall Up & Coming Designer Series Finale: Legendary hip-hop costume designer and award-winning creative director of PUMA JUNE AMBROSE joins the Tam Fam to mentor a new fashion hopeful and all of the amazing designers from the week. Plus, one of the biggest names in fashion, SERGIO HUDSON, makes a surprise appearance!

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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