



May 2, 2025

HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX, MAY 5-9

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of May 5, 2025. Please note: The lineup is subject to change.

Monday, May 5: The Self-Made Myth: In a **DAYTIME EXCLUSIVE**, Slutty Vegan founder **PINKY COLE** opens up about losing her multi-million-dollar business and buying it back, plus how she survived a nearly fatal car accident. And, she's giving the Tam Fam an exclusive taste of what to expect from her relaunched brand, Slutty Vegan 2.0. Then, **DR. LAKEYSHA HALLMON** brings hot tips from her new book, "No One Is Self-Made."

Tuesday, May 6: Kelsey Grammer: It's a **DAYTIME EXCLUSIVE** with Emmy®-winning TV icon **KELSEY GRAMMER**. For the first time, Kelsey gets raw and honest about the effect his sister's murder had on him. He revisits it all in his powerful new book, "Karen: A Brother Remembers."

Wednesday, May 7: Fact or Fiction: Summer Edition: Can plugging your phone into a banana really charge it? Do you have to wash your towel every time you use it? Could popping a pimple on your nose kill you? Our panel of experts has the answers!

Thursday, May 8: Go Big or Go Home: A **DAYTIME EXCLUSIVE** with hosts of the iconic HGTV show "Love It or List It," **DAVID VISENTIN** and **PAGE TURNER**, who are sharing some of the season's biggest reveals! Then, Chicago native **MEREDITH TABBONE** shows off her newly renovated home, which she bought in Italy for just \$1. And, luxury real estate stars **MARKO ARSIC** and **JASON LAU** take us behind the scenes of some of their most expensive listings. Plus, viral interior designer **JONNY CARMACK** is back with the Tam Fam to show some over-the-top renovations he made to his home.

Friday, May 9: Tamron's Mother's Day Extravaganza!: **GRAMMY**-nominated singer/songwriter **DEBORAH COX** kicks off our special celebration with her hit song "Beautiful U R." Tamron shares the Mother's Day love with nearly \$100,000 worth of giveaways. Plus, **SANDRA BRUNSON**, mother of New York Knicks star Jalen Brunson, standup comedian **LISA MARIE RILEY** and ABC News parenting reporter **BETHANY BRAUN-SILVA** join the celebration. Makeup artist and social media star **ERICA TAYLOR** is giving a mother/daughter Tam Fam duo a L'Oréal makeover. And a special surprise for one deserving mom.

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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