

May 2, 2025

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' MAY 5-9



*ABC News**

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of May 5-9. Emmy® Award-nominated "GMA3: What You Need to Know" is a one-hour program airing weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC.

Highlights of the week include the following (subject to change):

Monday, May 5 – Anna Wintour discusses the Met Gala with "GMA" co-anchor **Michael Strahan**; Deals & Steals celebrates AANHPI Month with ABC e-commerce editor **Tory Johnson**; GMA Health Alert with **Dr. Rita V. Linkner**

Tuesday, May 6 – Interior designer **Joanna Gaines** discusses mini home renovations and Mother's Day; Mother's Day Deals & Steals with ABC e-commerce editor **Tory Johnson**; dietitian **Maya Feller** and "GMA" contributor **Becky Worley** discuss the best ways to get protein for breakfast and throughout the day; GMA Health Alert with **Dr. Rita V. Linkner**

Wednesday, May 7 – Mother's Day Deals & Steals with ABC e-commerce editor **Tory Johnson**; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Thursday, May 8 – Chef **Judy Joo** cooks and discusses her new cookbook ("K-Quick: Korean Food in 30 Minutes or Less"); Mother's Day Deals & Steals with ABC e-commerce editor **Tory Johnson**; Shop

This Show series, featuring looks from “Abbott Elementary”; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

Friday, May 9 – The Right Stuff series with “GMA” lifestyle contributor **Lori Bergamotto**, featuring flower services for Mother’s Day; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

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