



April 4, 2025

**HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX,
APRIL 7-11**

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of April 7, 2025. Please note: The lineup is subject to change.

Monday, April 7: Social Media Debates: Wedding Edition: All hour long, we're talking about weddings and the viral debates they're sparking on social media. We've enlisted our debate referees, award-winning wedding officiant **ROBYN WALKER** and professional wedding planner **CASSIE HORREL**, to weigh in on trending debates, including proposing at a friend's wedding, inviting kids to weddings, having the bridal party pay for the bachelorette and more.

Tuesday, April 8: I Survived: Plane crash survivor **PETE KOUKOV** on how he escaped the headline-making crash in Toronto, which he documented in a video amassing more than 8 million views. Then, Emmy®-winning ABC7 Bay Area reporter **LUZ PEÑA** recalls how she came within a centimeter of losing her life when a skiing trip turned into a desperate fight for survival. Later, a Texas pastor reveals how he escaped an EF3 tornado that came over his boat while he was out fishing. And a 30-year-old New Jersey native tells us the terrifying story of how she survived being run over by a commuter train. Plus, an all-new Shop Tam Fam.

Wednesday, April 9: Legacy Loading...: Pro wrestling champion **SARAYA JADE-BEVIS** gets real and uncensored with her new memoir "Hell in Boots: Clawing My Way Through Nine Lives." And, **RANDY FENOLI** talks about the return of "Say Yes to the Dress." Plus, GRAMMY®-nominated soul singer **MAJOR** performs for the Tam Fam!

Thursday, April 10: DAYTIME EXCLUSIVE with actress and "America's Next Top Model" alum **YAYA DACOSTA**, who is starring in Lifetime's "Not My Family: The Monique Miller Story," premiering on April 12. Then, award-winning actress, singer and bestselling author **CHRISSY METZ** shares how writing her new book, "When I Talk to God, I Talk About Feelings," has helped heal her inner child.

Friday, April 11: Faith, Grace & Gratitude: A DAYTIME EXCLUSIVE with award-winning power couple **TAMELA AND DAVID MANN**, who are talking about their hit comedy "Tyler Perry's Assisted Living" and kicking off their "Live Breathe Fight Tour." Then, Tamela treats the Tam Fam to a DAYTIME EXCLUSIVE performance of her inspirational song "Deserve to Win." And, New York Times bestselling author **JANICE KAPLAN** chats about her new book, "What Your Body Knows About Happiness." Later, Emmy-winning journalist turned pastor **LIZ WALKER** is opening up about

healing a community in her new book, “No One Left Alone.” Plus, an emotional reunion five years in the making between a Florida native struggling with addiction and a hotline operator who convinced him to go to rehab.

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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