



Jan. 26, 2024

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' JAN. 29-FEB. 2

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Jan. 29-Feb. 2. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan, with Dr. Jennifer Ashton as chief health and medical correspondent. The news program airs weekdays at 1:00 p.m. EST | 12:00 p.m. CST on ABC, and 4:00 p.m. and 6:00 p.m. EST on ABC News Live.

Highlights of the week include the following:

Monday, Jan. 29 — Actor **Laurence Fishburne** ("Marvel's Moon Girl and Devil Dinosaur"); chef **Angelo Sosa** (Bravo's "Top Chef") shares his recipe for lamb spring rolls; ABC News correspondent **Phil Lipof** interviews the band members of **Green Day**

Tuesday, Jan. 30 — NewBeauty magazine's editor-at-large **Sarah Eggenberger** shares some of the best products for winter skin issues; ABC News correspondent **Phil Lipof** interviews the band members of **Young the Giant**

Wednesday, Jan. 31 — Actor **Nikolaj Coster-Waldau** ("An Optimist's Guide to the Planet"); Deals and Steals with ABC e-commerce editor **Tory Johnson**; ABC News medical correspondent **Dr. Darien Sutton** visits the Einstein College of Medicine in Bronx, New York, for a report on a new program that aims to engage young people of color to explore careers in the medical field

Thursday, Feb. 1 — ABC News contributor **Rocsi Diaz** interviews **Brittany Mahomes** (wife of NFL star **Patrick Mahomes**); actress **Yvonne Orji** talks about the American Heart Association's Red Dress for Women concert

Friday, Feb. 2 — Broadway star **Lola Tung** ("Hadestown"); "Faith Friday" with author **Jasmine L. Holmes** ("Crowned with Glory"); chef **Carla Hall** ("Chasing Flavor")

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