



May 22, 2025

**HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX,
MAY 26-30**

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of May 26, 2025. Please note: The lineup is subject to change.

Monday, May 26 (OAD: 4/4/25) Fad or Forever: We are exploring different trends in beauty, food and fashion and asking if they're a passing fad or here to stay? We will discuss everything from bed parties with event planner **TINA LAMORTE** to skincare trends with **DR. KIRAN MIAN** and fashion trends with editor **SIERRA MAYHEW**. "Sistersnacking" **MADISON** and **CARLY** have Tamron try the viral **DUBAI CHOCOLATE**, and **ARMANDO LITATIATCO** and **AHMET KIRANBAY** bring bites from their Cinnamon Roll only bakery, "**SUNDAY MORNING.**" Tamron tries padel ball with **PABLO MUNOZ**. Plus, podcast host and author **CASEY LEWIS** and Entertainment Tonight correspondent **DENNY DIRECTO** give their take on these trends.

Tuesday, May 27 Hot for Summer: Award-winning actor and rapper **METHOD MAN** is back and heating up the screen in his new dark comedy, "Bad Shabbos." Next, Tony®-nominated actor **MARIO CANTONE** celebrates the third season of "And Just Like That." Plus, a brand-new Shop Tam Fam.

Wednesday, May 28 I survived my vacation: We have incredible stories with people who survived unimaginable situations. We meet **NATHAN** and **KIM MAKER**, who got separated from their group on a scuba diving trip and were stranded for 40 hours off the coast of Texas. Then, **LOGAN MOORE** was on "the trip of a lifetime" hiking in Switzerland when he fell 50 feet into a mountain crevice. **RILEIGH DECKER** tells the story of surviving an attack from a giant bull shark in the Bahamas, and **ANTHONY GRIGSBY** and **RACHEL VILLARREAL**'s vacation in Mexico turned into a nightmare when they ingested drinks that were tainted.

Thursday, May 29 Serving it BIG!: Actress **TIA MOWRY** has a big announcement to help you plan your summer vacation. Plus, she catches us up on family and her hit TV show "Tia Mowry: My Next Act." Actor and singer **NATHAN LEE GRAHAM** joins the Tam Fam for his new scene-stealing role in Hulu's "Mid-Century Modern." And **DR. WHITNEY BOWE** is back to share how we can serve it up big with our skincare this summer.

Friday, May 30 Animal Antics: Stars of the hit Nat Geo show “Critter Fixers: Country Vets,” **DOCS VERNARD HODGES** and **TERRENCE FERGUSON** are back with more creatures! Dog rescue owner **SUSANA BURGESS** provides an update for the Tam Fam, and **ALEXIS DEVINE** and her viral talking sheepadoodle, **BUNNY**, are back with us. We have an update from **ABBY JARDINE** and her popular pet pigeon, **PIDGE**, and **JILL NAKANO** and **CARSON** the surfing dog. And we check in with **CITY RANCH**, a nonprofit dedicated to providing accessible and affordable horseback riding.

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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