

TAMRON HALL

April 19, 2024

HIGHLIGHTS FOR 'TAMRON HALL' SEASON FIVE, APRIL 22-26

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of April 22, 2024. Please note: The lineup is subject to change.

Monday, April 22: Cool Like That: Power couple DEVALE and KHADEEN ELLIS join the Tam Fam to open up about what keeps their 20-year relationship going, advice for parents and their "Love Against the World Tour." Then, podcast host and book influencer ZIBBY OWENS on her journey from influencer to author and her first novel, "Blank." Jazz/rap trio DIGABLE PLANETS join the show to celebrate the 30th anniversary of their debut album and perform their game-changing hit "Rebirth of Slick (Cool Like Dat)."

Tuesday, April 23: The Burden of 30: Daytime Exclusive with mother and mental health advocate APRIL SIMPKINS on the tragic suicide of her daughter, former Miss USA Cheslie Kryst, and the motivation behind her new book, "By The Time You Read This: The Space Between Cheslie's Smile and Mental Illness – Her Story In Her Own Words." Then, 30-year-old TikTok influencer EMILY BONANI shares her journey of anxiety around aging, followed by advice on facing your 30s in the age of social media, from psychotherapist and author of "Quarterlife: The Search for Self in Early Adulthood," SATYA DOYLE BYOCK. Plus, an all-new Shop Tam Fam!

Wednesday, April 24: Who's Right? Social Media Debates: Today, we dive into the hottest and most divisive debates being held across social media with the people having them! From who controls the window shade on an airplane to asking whether a date should get their money back if you don't agree to go out on a second?! Award-winning journalist NICK LEIGHTON and acclaimed comedian LEAH BONNEMA, hosts of the popular podcast "Were You Raised By Wolves?," also join the debate!

Thursday, April 25: A Family Affair: The one and only queen of hip-hop soul, MARY J. BLIGE!! She's got a sneak peek into her upcoming "Strength of A Woman Festival and Summit," featuring some of today's most popular female artists. Then, the star of the hit drama series "Will Trent," RAMÓN RODRÍGUEZ is back to talk about the show's new season. And, multitalented performer DULÉ HILL brings the Tam Fam his thrilling new docuseries "The Express Way with Dulé Hill," where he travels across the country to meet talented and inspiring artists.

Friday, April 26: We're Here...Whether You Like It or Not: The new cast from Emmy® Award-winning reality series "We're Here," SASHA VELOUR, PRIYANKA, LATRICE ROYALE and JAIDA ESSENCE HALL, join the Tam Fam to chat about season four and their continued effort to spread love

and connection through the art of drag across small-town America. Actress, artist and author RINNY PERKINS relates her experiences in a hilarious collection of essays in her book, "Not Everyone Is Going To Like You." And, author LAURA GASSNER OTTING shares tips on how to become your best self from her new book, "Limitless: How to Ignore Everybody, Carve Your Own Path and Live Your Best Life."

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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