

# TAMRON HALL

Jan. 21, 2022

## HIGHLIGHTS FOR 'TAMRON HALL,' WEEK OF JAN. 24-28

### 'Tamron Hall' Tackles Today's Meaningful and Important Topics - So Let's Talk About It

*Following are highlights for "Tamron Hall" for the week of Jan. 24, 2022. Please note: Lineup is subject to change.*

**Monday, Jan. 24:** Actress, author and popular vegan food influencer Tabitha Brown on finding purpose with her new YouTube kids' show, "Tab Time." Plus, ABC News chief meteorologist Ginger Zee opens up about having success after healing from her personal trauma as told in new memoir. And, the cast and creator of the new Amazon Prime Video series "As We See It," which is a coming-of-age story featuring actors on the autism spectrum.

**Tuesday, Jan. 25:** A daytime exclusive: "Sports Illustrated" swimsuit model Brooks Nader is sounding the alarm after being secretly tracked by a popular device meant to help you find misplaced items. Plus, a mother searching for answers after her daughter was killed weeks after a tracking device was found on her car. And, an expert gives advice on what to look out for and how to watch your back.

**Wednesday, Jan. 26:** History-making Supreme Court Justice Sonia Sotomayor on how she used her own childhood experiences to write a new kids' book, "Just Help! How to Build a Better World." Plus, fan favorite "Bachelorette" Rachel Lindsay opens up about her autobiography "Miss Me with That: Hot Takes, Helpful Tidbits, and a Few Hard Truths," and she is joined by husband, Bryan Abasolo. And, country music duo Rodney Atkins and Rose Falcon.

**Thursday, Jan. 27:** "Let's Get Lit" returns featuring some of today's biggest young adult authors including Jason Reynolds, Chloe Gong, Tahereh Mafi and Ayana Gray.

**Friday, Jan. 28:** Run DMC Rap Legend Darryl McDaniels on helping children find courage through his new book, "Darryl's Dream." Plus, FOX Sports' ultimate NFL insider Jay Glazer opens up about his struggle with mental health and his new book, "Unbreakable." And, from bonding through tattoos to becoming a doula, men who wear their hearts on their sleeves.

"Tamron Hall" is produced by ABC News and is distributed in national syndication by Disney Media & Entertainment Distribution. The show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

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