



July 17, 2024

## HIGHLIGHTS FOR 'TAMRON HALL' SEASON FIVE, JULY 22-26

### **'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It**

Below are highlights for "Tamron Hall" for the week of July 22, 2024. Please note: The lineup is subject to change.

Monday, July 22: (OAD: 12/7/24) Listen Up!: Actress ALLISON WILLIAMS and writer/director ALLISON FLOM on joining forces in their new podcast, "Erased: The Murder of Elma Sand." Actor QUINTON AARON and DR. TARYN MARIE on their unique friendship and her podcast, "Flourish or Fold: Stories of Resilience." Then, Food Network star SUNNY ANDERSON on her podcast that mixes true-crime and food, "Cooked and Booked."

Tuesday, July 23: (OAD: 9/14/24) Can we just be honest?: DAYTIME EXCLUSIVE with Emmy Award-winning journalist CATT SADLER who reveals why she chose to share her plastic surgery journey with the world. Then, mother-daughter duo TOYA JOHNSON-RUSHING AND REGINAE CARTER reveal their lives off social media in their new reality series, "Toya & Reginae."

Wednesday, July 24: (OAD: 5/2/24) Finding Tamron's Roots: Genealogist KATY BODENHORN BARNES shares her findings about Tamron's family history. Plus, other captivating stories of people who are tracing their roots. A father reunites with his son for the first time after going 50 years without knowing he existed. And an interior decorator on how she turned antiquing into reuniting families with long-lost heirlooms.

Thursday, July 25: (OAD: 2/5/24) (TV-14) Let's Get Lit!: Daytime exclusive with former Playboy Playmate and widow of Hugh Hefner, CRYSTAL HEFNER, on her bombshell memoir, "Only Say Good Things." Then, author MICHELLE HORTON, on her memoir "Dear Sister," a tale of two sisters — one trapped in the criminal justice system after killing her alleged abuser and the other left to raise her sister's kids and fight to free her sibling. Plus, New York Times bestselling author and MSNBC host JOY-ANN REID with her revealing new book, "Medgar & Myrlie."

Friday, July 26: (OAD: 2/9/24) Little Dreamers, Big Dreams Part 2: These viral kids are making their Daytime Performing Debuts. Tamron welcomes the multitalented 8-year-old KING MOORE, who chats about landing his first film acting role and sings his catchy, original song, "Big Dreams." Then viral sensations brother and sister ANDIE and MELANIE OROZCO show off their incredible dance moves. Plus, 6-year-old DECLAN LOPEZ on how she became a member of the Mensa Society, then

gives the Tam Fam a quiz to test their knowledge. And don't miss the 2-year-old soccer phenom known as Starboy, TOBENNA UCHENDU, as he takes Tamron on in a one-on-one showdown.

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to [www.TamronHallShow.com](http://www.TamronHallShow.com) and follow the show on social media @TamronHallShow.

**Press Contact:**

Melissa Little Padgitt

[melissa.padgitt-nd@disney.com](mailto:melissa.padgitt-nd@disney.com)

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