



March 8, 2024

## HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' MAR. 11-15

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of March 11-15. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan, with Dr. Jennifer Ashton as chief health and medical correspondent. The news program airs weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live.

### Highlights of the week include the following:

**Monday, March 11** — "GMA3" reports live from Hollywood the day after the Academy Awards®; comedian and actor **Roy Wood Jr.**; ESPN reporter and ABC News contributor **Kelley L. Carter** and SiriusXM host and ABC News contributor **Mike Muse** recap highlights of Hollywood's biggest night

**Tuesday, March 12**—A special edition of "GMA3" featuring ABC News chief medical correspondent **Dr. Jennifer Ashton** with health and wellness advice and guests, including Peloton instructor **Adrian Williams** demonstrating how to work out from home using resistance bands; chef **Jamika Pessoa** with healthy comfort food recipes; author **Dr. Nicole Avena** ("Sugarless")

**Wednesday, March 13** — A musical performance by Broadway's "**Water for Elephants**"; Deals and Steals with ABC's e-commerce editor **Tory Johnson**; ABC News chief medical correspondent **Dr. Jennifer Ashton** answers viewer questions and shares wellness advice; actresses **Christina Applegate** and **Jamie Lynn-Sigler** sit down with **Robin Roberts** for an exclusive interview

**Thursday, March 14**— Actor **Tobias Menzies** ("Manhunt"); actress **Regina King** talks exclusively with **Robin Roberts**

**Friday, March 15** — Actor **Benedict Wong** ("3 Body Problem"); Faith Friday with bestselling author **Mitch Albom**; TV host and author **Tamron Hall** ("Watch Where They Hide")

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