

# TAMRON HALL

May 3, 2024

## HIGHLIGHTS FOR 'TAMRON HALL' SEASON FIVE, MAY 6-10

### 'Tamron Hall' Tackles Today's Meaningful and Important Topics – So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of May 6, 2024. Please note: The lineup is subject to change.

Monday, May 6: *Who's The Adult Here?:* What happens when the script flips and the dynamics between parents and their children change? From starting a savings account for your parents to having them move in, today's guests share what it's like when parents age and roles reverse. And, actress KIM FIELDS joins in on the conversation with the new season of the family sitcom "The Upshaws."

Tuesday, May 7: "Let's Get Lit!": Time Magazine's 100 most influential people and author TOMI ADEYEMI on her highly anticipated book, "Children of Anguish and Anarchy" from "The Children of Blood and Bone" trilogy. Then, "Basketball Wives" creator and entrepreneur SHAUNIE HENDERSON discusses her new memoir, "UNDEFEATED: Changing the Rules and Winning on My Own Terms." Plus, New York Times bestselling author LUKE RUSSERT and his mom, MAUREEN ORTH, on growing together through grief and the impact of his book "Look for Me There: Grieving My Father, Finding Myself." And CHAZ EBERT, wife of the late Pulitzer Prize winner Roger Ebert, shares her new book, "It's Time To Give A Feck: Elevating Humanity Through Forgiveness, Empathy, Compassion and Kindness." Plus, don't miss an all-new Shop Tam Fam!

Wednesday, May 8: *Who's the Most Burned Out?:* Burnout is on the rise, and it may not be who you think. How burned out are you? We have a quiz to help you find out. Plus, Daytime Exclusive with "Mob Wives" reality star RENEE GRAZIANO, who opens up about a near-death experience and her road to sobriety. Then, the author of "Burnout Immunity," KANDI WIENS.

Thursday, May 9: *The Best Advice I Ever Got:* Today's guests are dropping gems! LSU Women's basketball star FLAU'JAE JOHNSON on life lessons off the court. Long Island famed medium THERESA CAPUTO joins the Tam Fam to talk about her new series, "Theresa Caputo: Raising Spirits." Plus, a bride gets live advice from the Tam Fam on the day of her wedding!

Friday, May 10: *Tamron's 3<sup>rd</sup> Annual Mother's Day Extravaganza:* A magical celebration for the moms and mother figures in our lives, plus a chance for those at home to win giveaways! Two-time GRAMMY® Award-winning gospel singer-songwriter TASHA COBBS LEONARD performs "Do It Anyway." Mother and Good American co-founder EMMA GREDE joins in on the conversation and gives a big surprise to a deserving mom and entrepreneur. Then, a heartfelt conversation with our

panelists, parenting expert EMILY OSTER, comedian and TikTok sensation PINKY PATEL, and retired pediatrician turned viral sensation DR. FLO ROSEN (aka #askbubbie), who will share their insights on motherhood. And community leader SHAMAYIM “Mama Shu” HARRIS gets a HUGE surprise!

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to [www.TamronHallShow.com](http://www.TamronHallShow.com) and follow the show on social media @TamronHallShow.

**RELEASE:** [ABC News \(dgypress.com\)](http://ABCNews(dgypress.com))

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