

TAMRON HALL

Nov. 21, 2022

HIGHLIGHTS FOR 'TAMRON HALL' SEASON FOUR, NOV. 28 - DEC. 2

'Tamron Hall' Tackles Today's Meaningful and Important Topics - So Let's Talk About It

Highlights for "Tamron Hall" for the week of Nov. 28, 2022. Please note: The lineup is subject to change.

Monday, Nov. 28: **HERE I AM:** Tamron welcomes writer/director **ELEGANCE BRATTON** and star **JEREMY POPE** to discuss the impactful story of the upcoming film "The Inspection." Throughout this special episode, Tamron hosts a conversation surrounding the film and is joined by LGBTQ+ guests who have had the courage to say, "here I am," including an HBCU football player and a professional football cheerleader.

Tuesday, Nov. 29: **WOMAN WHO MADE THE BAND:** **LETOYA LUCKETT** started her career as a founding member of **DESTINY'S CHILD**, today she discusses the move from musician to actress and her new film, "A Miracle Before Christmas." Then, she rose to fame on the MTV hit "Making the Band." Former member of **Danity Kane** **AUBREY O'DAY** joins Tamron for an exclusive interview and addresses the allegations she photoshopped images, her trip to Bali that led to her wellness journey and the inspiration behind her new single, "Couple Goals." Singer and dancer **CARMIT BACHAR** of the **Pussycat Dolls** shares how accepting her cleft lip and palate has been an ongoing path to self-love and acceptance. Plus, an all-new Shop Tam Fam!

Wednesday, Nov. 30: **MENOPAUSE: WHAT TO KNOW:** Tamron hosts a conversation with a panel of women as young as 25 on their menopause journey. Nothing's off limits and they share what no one tells you about menopause with the Tam Fam. Also joining is **DR. SHARON MALONE**, one of the nation's leading experts on health challenges associated with menopause. And supermodel **BEVERLY JOHNSON** talks about overcoming the symptoms of menopause and how she found balance and a "new beginning."

Thursday, Dec. 1: **KESHIA KNIGHT PULLIAM** and her husband, **BRAD JAMES**, join Tamron to discuss how they met on set, their decision to share freezing Keshia's eggs and being reunited on their new Lifetime film, "Noel in New Orleans." Then, **MARIA MENOUNOS** opens up about the recent loss of her mother and her ongoing health journey. Plus, 'tis the season to talk about her Lifetime film, "The Holiday Dating Guide."

Friday, Dec. 2: **THE HEALING POWER OF FAMILY AND LOVE:** **JULIA HAART** and daughter **BATSHEVA** talk with Tamron about season two of "MY UNORTHODOX LIFE." Pastor and author

IRENE ROLLINS shares her powerful journey of finding freedom from addiction in her new book, "Reframe Your Shame: Experience Freedom From What Holds You Back." Then, the **WOMACK SISTERS** discuss finding their own path in the music industry as the granddaughters of the legendary Sam Cooke. Plus, they will perform "Lost for Words" from their debut EP, "Legacy."

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