

May 16, 2025

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' MAY 19-23



*ABC News**

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of May 19-23. Emmy® Award-nominated "GMA3: What You Need to Know" is a one-hour program airing weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC. Simone Swink is the senior executive producer.

Highlights of the week include the following (subject to change):

Monday, May 19 – Dietitian **Maya Feller** and "GMA" contributor **Becky Worley** discuss the best ways to get protein for breakfast and throughout the day; ABC News contributor **Rocsi Diaz** with a look at the "Lilo & Stitch" red carpet; InStyle Best Beauty Buys with beauty editor **Kara Jillian Brown**; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Tuesday, May 20 – Actors **Nicole Kidman**, **Murray Bartlett** and **Henry Golding** discuss "Nine Perfect Strangers" with ABC News correspondent **Chris Connelly**; ABC Secret Sales with ABC News' **Will Ganss**; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Wednesday, May 21 – Actress **Maia Kealoha** ("Lilo & Stitch"); fashion influencer **Nicky Campbell** sits down with "Nightline" co-anchor **Juju Chang**; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Thursday, May 22 – “Dancing with the Stars” season 34 cast member reveal; Deals & Steals with ABC e-commerce editor **Tory Johnson**; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

Friday, May 23 – Actor **Courtney B. Vance** (“Lilo & Stitch”); actors **Jonathan Groff** and **Gracie Lawrence** (Broadway’s “Just in Time”); Deal Drop Day’s with “GMA” lifestyle contributor **Lori Bergamotto**, featuring Memorial Day sales; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

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