



Oct. 04, 2022

**HIGHLIGHTS FOR 'TAMRON HALL' SEASON FOUR,  
OCT. 10-14**

**'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It**

*Following is highlights for "Tamron Hall" for the week of Oct. 10, 2022. Please note: Lineup is subject to change.*

**Monday, Oct. 10:** It Works for Us: Former NFL player and host of the Podcast "The Pivot" **CHANNING CROWDER** shares how he left Kevin Hart speechless when he confessed he and his wife **AJA** make a yearly visit to a nudist resort. The couple also opens up about their journey to find Aja's birth father, Bruno Aguirre, who joins them to tell his story. Then, Nomad Pet Sitters Austin Andrews and Jori Kerr reveal why they quit their day jobs to work as pet sitters, documenting their globe-trotting adventures on TikTok.

**Tuesday, Oct. 11:** "Tamron's Tasting Menu!" Some of the biggest rising stars are giving a fresh spin on your fall favorites. Join former NFL player turned celebrity chef **EDDIE JACKSON** as he cooks up one of his specialties for the season. Then, the first blind chef to ever win "MasterChef," Christine Hà shares one of her favorites, and James Beard Award-winning chef Sophia Roe shows Tam Fam how to make one of her signature desserts.

**Wednesday, Oct. 12:** Me & My Faith: Celebrated television personality and author **KATHIE LEE GIFFORD** will discuss her newest book, "The God of the Way," and the companion film just released, "The Way." Then, gospel superstar **TAMELA MANN** and comedian **DAVID MANN** share a deeply personal secret that tested their faith. And, we find out about their latest tour, which has become a family affair. Plus, Tamela will perform her inspirational song "Finished." Pastor and author **IRENE ROLLINS** also joins the conversation about her new book, "Reframe Your Shame: Experience Freedom From What Holds You Back." Then, host of "Money Rehab" podcast and NYT bestselling author **NICOLE LAPIN** has top tips for saving money.

**Thursday, Oct. 13:** Actor and producer **JOHN BOYEGA** on taking the film industry by storm in two projects, "The Woman King" and "Breaking." And, Michael K. Williams' nephew Dominic Dupont and author Jon Sternfeld discuss the late actor's recently released memoir "Scenes from My Life" and reflect on his legacy.

**Friday, Oct. 14:** "I Survived" Harrowing accounts from those who have cheated death but lived to tell the tale. Top chef alum and host of truTV's "Fast Foodies" Justin Sutherland opens up about his recovery after a boating accident left him seriously injured this past July. And, a surprise for a woman who was rescued after being trapped in a car during a flash flood.

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