

July 2, 2025

PROGRAMMING HIGHLIGHTS FOR  
ABC NEWS' 'GOOD MORNING AMERICA' AND 'GMA3,'  
JULY 7-12



ABC News\*

The following report highlights the programming of ABC's Emmy® Award-winning "Good Morning America" and Emmy Award-nominated "GMA3" during the week of July 7-12. "Good Morning America" is a two-hour, live program airing Monday-Friday (7:00-9:00 a.m. EDT), and Saturday-Sunday mornings (check local listings) on ABC. "GMA3" is a one-hour program airing weekdays at 1:00 p.m. EDT/12:00 p.m. CDT on ABC. Simone Swink is the senior executive producer for both programs.

**Highlights of the week include the following (subject to change):**

**"Good Morning America"**

**Monday, July 7** — "GMA" Summer Concert series, featuring a musical performance by **Lewis Capaldi**; Biggest Authors for Your Beach Read series kicks off with **Molly X. Chang**; Try Before You Buy series with "GMA" contributor **Becky Worley**, featuring weighted vests

**Tuesday, July 8** — 2025 Rock and Roll Hall of Fame inductee **Cyndi Lauper** talks farewell tour; day two of the Biggest Authors for Your Beach Read series, featuring **Christine Pride**; day one of Amazon Prime Day deals with "GMA" lifestyle contributor **Lori Bergamotto**

**Wednesday, July 9** — Family vloggers **Madison Fisher** and **Ami McClure** (“Born to Be Viral: The Real Lives of Kidfluencers”); chef **Danny Grant** shares the best bites of the summer; day three of the Biggest Authors for Your Beach Read series, featuring **Patti Callahan Henry**; day two of Amazon Prime Day deals with “GMA” lifestyle contributor **Lori Bergamotto**

**Thursday, July 10** — Hosted by ABC News chief meteorologist **Ginger Zee**, “GMA”’s Windy City Smokeout BBQ features Ubons BBQ and Soul & Smoke, with judges chef **Art Smith**, country music star **Koe Wetzel** and ABC7 meteorologist **Tracy Butler**; day four of the Biggest Authors for Your Beach Read series, featuring **Adriana Trigiani**; Deals & Steals with ABC e-commerce editor **Tory Johnson**

**Friday, July 11** — Actors **Malachi Barton**, **Freya Skye**, **Milo Manheim** and **Meg Donnelly** discuss “Zombies 4: Dawn of the Vampires” and perform; “GMA”’s 50 States in 50 Weeks: America the Beautiful series stops in Pennsylvania; day five of the Biggest Authors for Your Beach Read series, featuring **Alex Aster**; The Right Stuff series with “GMA” lifestyle contributor **Lori Bergamotto**, featuring cooling bedding

**Saturday, July 12** — Fora Travel co-founder **Henley Vazquez** shares the latest travel trends; **Dr. Whitney Bowe** with ways to alleviate sunburn and skin inflammation

### “GMA3”

**Monday, July 7** — “GMA” Summer Concert series, featuring a musical performance by **Lewis Capaldi**; Good Housekeeping’s nutrition and fitness director **Stefani Sassos** reveals the 2025 Best Snack Awards; Try Before You Buy series with “GMA” contributor **Becky Worley**, featuring weighted vests; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

**Tuesday, July 8** — 2025 Rock and Roll Hall of Fame inductee **Cyndi Lauper** talks farewell tour; ABC Secret Sales with ABC News’ **Will Ganss**; day one of Amazon Prime Day deals with “GMA” lifestyle contributor **Lori Bergamotto**; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

**Wednesday, July 9** — Family vloggers **Madison Fisher** and **Ami McClure** (“Born to Be Viral: The Real Lives of Kidfluencers”); chef **Danny Grant** shares the best bites of the summer; day two of Amazon Prime Day deals with “GMA” lifestyle contributor **Lori Bergamotto**; GMA Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

**Thursday, July 10** — Deals & Steals with ABC e-commerce editor **Tory Johnson**; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

**Friday, July 11** — Actors **Malachi Barton**, **Freya Skye**, **Milo Manheim** and **Meg Donnelly** (“Zombies 4: Dawn of the Vampires”); “GMA”’s 50 States in 50 Weeks: America the Beautiful series stops in

Pennsylvania; “The Right Stuff” series with “GMA” lifestyle contributor **Lori Bergamotto**; GMA Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

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