



Dec. 12, 2022

HIGHLIGHTS FOR 'TAMRON HALL' SEASON FOUR, DEC. 12-16

'Tamron Hall' Tackles Today's Meaningful and Important Topics - So Let's Talk About It

Highlights for "Tamron Hall" for the week of Dec. 12, 2022. Please note: the lineup is subject to change.

Monday, Dec. 12: Tamron's Week of Wishes: Tamron kicks off the most wonderful time of the year with her biggest "Week of Wishes," surprising her Tam Fam with amazing giveaways from her personal wish list! Plus, the biggest cash giveaway in the show's history! This eventful show will include stories to warm our hearts for the holiday season beginning with 92-year-old grandma Joy and grandson Brad who share their journey of traveling to nearly all the national parks over the past 10 years.

Tuesday, Dec. 13: Tamron's Week of Wishes: The spirit of giving continues with more surprises! Joining Tamron, country music legend **TANYA TUCKER** discusses returning to the screen in her new film "A Nashville Country Christmas" and the making of her documentary "The Return of Tanya Tucker." Then, actress **TAMARA TUNIE** will chat about her role as Cissy Houston in the highly anticipated film "I Wanna Dance with Somebody."

Wednesday, Dec. 14: Tamron's Week of Wishes: It's a festive feast as Tamron celebrates her second annual Holiday Potluck, spreading holiday cheer to the Tam Fam with the best cooking-related giveaways! This fun-filled episode kicks off with award winning chef **KWAME ONWUACHI** sharing his take on a holiday favorite, shepherd's pie. Then, New York Times bestselling author **ERIC KIM** creates his unique empanadas! And chef **MAX TUCCI** whips up a holiday treat for the Tam Fam!

Thursday, Dec. 15: Tamron's Week of Wishes: Tamron continues to spread holiday cheer with her Tam Fam! Tamron welcomes **MORRIS CHESTNUT** from "The Best Man" series. Plus, **HOLLY ROBINSON PEETE** discusses the importance of her new film, "Holiday Heritage," which marks Hallmark's first-ever movie celebrating Kwanzaa!

Friday, Dec. 16: Tamron's Week of Wishes: Tamron wraps her special week of giving with a Holiday Beauty Bar including giveaways from this year's must-have beauty brands. Joining this special episode, **DR. WHITNEY BOWE** talks about the skincare trends we should leave in 2022 and the one trend we should all try, skin cycling! Then, celebrity make-up artist and "the brow king" **DAMONE**

ROBERTS is showing us holiday-ready makeup looks. Plus, Emmy® Award-nominated singer-songwriter **INGRID MICHAELSON** chats about her tour “It’s Almost Christmas” and performs “Winter Wonderland.”

“Tamron Hall” is produced by ABC News and is distributed in national syndication by Disney Media & Entertainment Distribution. The show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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