

TAMRON HALL

Jan. 7, 2022

HIGHLIGHTS FOR 'TAMRON HALL' WEEK OF JAN. 10-14

'Tamron Hall' Tackles Today's Meaningful and Important Topics - So Let's Talk About It

Following are highlights for "Tamron Hall" for the week of Jan. 10, 2022. Please note: lineup is subject to change.

Monday, Jan. 10: Tamron starts the new year with inspiration by celebrating women who are all first in their fields, including **Dawn Staley** who just signed a history-making college basketball coaching contract; **René Syler**, who inspired Tamron by being the first Black female co-anchor of a morning network show; and the first female captain for American Airlines, **Beverley Bass**. Plus, a special performance from the woman who portrays Bass in the Broadway musical "Come From Away."

Tuesday, Jan. 11: A "Tamron Hall" exclusive: **Carmela Wallace**, mother of late musician Juice WRLD sits down with Tamron in her first one-on-one conversation since the rising star's death. She discusses a new documentary about her son, new posthumous music and why shining a light on mental health and addiction is so important. Plus, the latest evidence from a scuba diver that could help solve the mysterious disappearance of two teenagers who vanished over 20 years ago. And, a Boy Scout who helped a lost family and their dog while out on a hike.

Wednesday, Jan. 12: Kick off the new year with "The Tam Fam Reset Challenge!" In a daytime exclusive, Coach **Monica Aldama** from Netflix's "Cheer" addresses the Jerry Harris controversy and the show's new season, and gives her leadership lessons. And, **Dr. Sanjay Gupta** shares how he resets his mind and body while discussing his book, "Keep Sharp: Build a Better Brain at Any Age." Plus, Dr. Gupta on how he helped one woman reset after her mother's devastating diagnosis. Also, how one woman lost 200 pounds to reset her mind, body, and soul.

Thursday, Jan. 13: "The Bachelorette" co-host and "Dancing with the Stars" winner **Kaitlyn Bristowe** shares details about hitting the road for the "Dancing with the Stars" live tour. Plus, **Brooke Shields** on living life to its fullest on her own terms and her new "Beginning is Now" lifestyle website. And, how making small changes in your life can lead to big improvements. Also, an all-new Tam Fam Deal!

Friday, Jan. 14: It's "Feel Good Friday" on the "Tamron Hall" show! Alvin Ailey American Dance Theater legend **Judith Jamison** joins the Tam Fam. Plus, **Dante Bowe** performs his GRAMMY®-nominated song, "Joyful." Also, two women - one from Boston and one from the UK - who are currently house swapping. And, **Kayleigh Williamson**, the first woman with Down syndrome to

complete the Austin half marathon and is now training for her first marathon, joins with her mom, Sandy.

“Tamron Hall” is produced by ABC News and is distributed in national syndication by Disney Media & Entertainment Distribution. The show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

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