



Jan. 3, 2025

## HIGHLIGHTS FOR ABC NEWS' 'GOOD MORNING AMERICA,' JAN. 6-11

The following report highlights the programming of ABC's "Good Morning America" during the week of Jan. 6-11. "Good Morning America" is a two-hour, live program anchored by Robin Roberts, George Stephanopoulos and Michael Strahan, and Ginger Zee is the chief meteorologist. The morning news program airs MONDAY-FRIDAY (7:00-9:00 a.m. EST) on ABC.

### Highlights of the week include the following:

**Monday, Jan. 6** – Start Strong series with author **Gabby Bernstein** sharing tips for attracting what you want in 2025; ABC News correspondent **James Longman** previews his new book ("The Inherited Mind"); actor **Tim Allen** ("Shifting Gears")

**Tuesday, Jan. 7** – Actors **Adrien Brody** and **Felicity Jones** ("The Brutalist"); actor **David Schwimmer** ("Goosebumps: The Vanishing"); **Shari Franke**, the daughter of disgraced vlogger **Ruby Franke**, who was imprisoned for abusing her children, talks about her new book; **Dr. Ian K. Smith** ("Eat Your Age: Feel Younger, Be Happier, Live Longer"); the kickoff of three days of recipes with chef **Jamie Oliver** and his new cookbook ("Simply Jamie"); ABC News correspondent **John Quiñones** shares a look at the new season of "What Would You Do?"

**Wednesday, Jan. 8** – Former NFL star **Deion Sanders**; chef **Jamie Oliver** ("Simply Jamie"); actor **William Stanford Davis** ("Abbott Elementary"); actors **Sam McCarthy** and **Jayden Bartels** ("Goosebumps: The Vanishing"); Deals & Steals with ABC's e-commerce editor **Tory Johnson**

**Thursday, Jan. 9** – Fitness expert and "GMA" contributor **Robin Arzón** (#3for31 challenge); chef **Jamie Oliver** ("Simply Jamie"); Deals & Steals with ABC e-commerce editor **Tory Johnson**

**Friday, Jan. 10** – The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto** featuring fitness essentials; "GMA" Book Club's January pick; actress **Laci Mosley** ("Scam Goddess")

**Saturday, Jan. 11** – Deals & Steals with ABC e-commerce editor **Tory Johnson**

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