



a little forward

FREEFORM

Jan. 24, 2022

FREEFORM RELEASES ITS TV OFFERINGS FOR FEBRUARY 2022 WITH NEW EPISODES OF 'GROWN-ISH' AND 'SINGLE DRUNK FEMALE'



"grown-ish" Season 4

Photos Available [Here](#)

Screeners Available [Here](#)

Feb. 3 (10:00-10:30 p.m. EST) – Episode #4011 – "Movin' Different"

After experiencing a hit-and-run, Ana is faced with a political and ethical dilemma, which leads her to seek advice from an unlikely source. Aaron is hounded by a freshman student who wants to see him make something special of their midnight class. Doug and Kiela experience a new obstacle in their relationship.

Feb. 10 (10:00-10:30 p.m. EST) – Episode #4012 – "Mr. Right Now"

With her baby daddy Phil back on the scene, Nomi debates how involved she wants him to be in Luna's life. Zoey tries to mend the friendship between Luca and Doug as an attempt to improve her internship experience. Vivek feels guilty after lying on his resume. Jazz struggles to accept how Des presents himself.

Feb. 17 (10:00-10:30 p.m. EST) – Episode #4013 – "OK Not To Be OK"

Jazz resumes therapy after a series of setbacks, causing her to grapple with cultural and personal perceptions surrounding mental health. Ana and Aaron innocently reconnect over their past, which makes Zoey and Vivek spin out.

Feb. 24 (10:00-10:30 p.m. EST) – Episode #4014 – "The Revolution Will Not Be Televised"

Tensions are high between Zoey and Luca as they rush to design a new line for Anti-Muse after a famous fashion collaborator wants to check it out. Aaron is asked to give a presentation on his Afro Salon but is put in a tough position when CalU asks him to make adjustments. Ana and Nomi explore local law schools and unexpectedly run into a friend.



"Single Drunk Female" Season 1

Photos Available [Here](#)

Screeners Available [Here](#)

Feb. 3 (10:30-11:00 p.m. EST) – Episode #1004 – "Shamrocks and Shenanigans"

Sam faces her hardest challenge yet: avoiding alcohol on St. Patrick's Day when Brit gives her the chance to rekindle a friendship. James teams up with Mindy to track down his lost keys while battling his own St. Patrick's Day temptations.

Feb. 10 (10:30-11:00 p.m. EST) – Episode #1005 – "Sober for the D and V"

Sam embarks upon her first terrifyingly personal hook-up as a sober person with the help of Felicia, who has big plans to jump-start Sam's dating life. Meanwhile, Carol "accidentally" plants a small seed of doubt in Brit's mind about Joel.

Feb. 17 (10:30-11:00 p.m. EST) – Episode #1006 – "Look Me Up Sometime"

Sam scores a victory when she lands a job interview in New York with an unlikely ally,

only to discover how scary it is to write while sober. Concerned that her daughter needs help, Carol breaks a boundary and introduces herself to Olivia.

Feb. 24 (10:30-11:00 p.m. EST) – Episode #1007 – "New York"

Sam and James travel to New York. While there, Sam is confronted with memories of who she was before sobriety and must decide whether she can risk being Old Sam again. Olivia and Stephanie take an important step in their IVF journey.

*COPYRIGHT ©2022 Disney Enterprises, Inc. All photography is copyrighted material and is for editorial use only. Images are not to be archived, altered, duplicated, resold, retransmitted or used for any other purposes without written permission of Freeform. Images are distributed to the press in order to publicize current programming. Any other usage must be licensed. Photos posted for Web use must be at the low resolution of 72dpi, no larger than 2x3 in size.

Freeform Media Relations

Philip Galicia

philip.galicia@disney.com

Amanda Kell

(818) 569-3391

amanda.kell@disney.com

Press materials are available at www.dgepress.com.

Freeform app: <http://freeform.go.com/apps>

Follow Freeform (#Freeform) on [Instagram](#), [Twitter](#) and [Facebook](#).

-- Freeform --