

Oct. 25, 2024

## HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX, OCT. 28-NOV. 1

## 'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of Oct. 28, 2024. Please note: The lineup is subject to change.

Monday, Oct. 28: **Fertility Out Loud:** Today, people talk about their paths to parenthood. "The Real Housewives of New York" star **JESSEL TAANK** opens up about her fertility journey and navigating the unique challenge of transporting her frozen embryos. Then, 26-year-old **SHANIA BHOPA** talks about why she chose to freeze her eggs at such a young age. Then, why male fertility is down by 50% and how that's affecting a couple as they try to have a baby.

<u>Tuesday</u>, <u>Oct. 29</u>: **Candid Conversations:** Anxiety: Author, naturopath and psychology expert **NICOLE CAIN** joins the Tam Fam to discuss the nine types of anxiety she's identified, provide habits to help and the one thing everyone should carry. Next, **TAYO ROCKSON**, who suffered his first panic attack at age 15, talks about the stigma surrounding mental health and men. Then, an EXCLUSIVE with entrepreneurs, podcast co-hosts and close friends **SAVANNAH JAMES AND APRIL MCDANIEL** who launched Let It Break – a new community-driven initiative to help women uncover deeper aspects about themselves. Plus, James talks about the work she's done to find herself.

<u>Wednesday, Oct. 30</u>: **Dear Tamron:** Questions from Tam Fam members answered by Tamron and advice givers like Emily Post's great-granddaughter Lizzie. It's all up for discussion including dealing with difficult family, who gets to pick where to spend the holidays, are you a good friend or a bad friend, whether faking it 'til you make it actually is okay, modern puberty and more.

<u>Thursday, Oct. 31</u>: **Calling Out The Fakes:** Today, all the fakes are being called out, from online romance scams to scam calls and knockoff bags. First, her best friend called her on video saying she needed help, but it turned out to be a deep fake. Find out what happened next and what can be done to avoid it. Then, the FBI joins the show to share what the biggest scams are and how to spot them. An expert authenticator sits down to show how to call out fake secondhand accessories, and a double-board certified surgeon brings awareness to medical and cosmetic fakes. Later, an award-winning writer talks about his "Scam Likely" podcast series where he finds the people scamming Americans out of hundreds of millions of dollars.

<u>Friday, Nov. 1</u>: **I Survived:** They miraculously survived against impossible odds. First, when a woman is swept away by floods from Hurricane Helene, this North Carolina man literally jumped to the

rescue, and it's caught on camera. Then, a DAYTIME EXCLUSIVE with **ASHLEY PICCIRILLI**, who was buried alive for more than 30 minutes, and how she survived. Later, a 28-year-old man who was trapped for six days in his car after an accident shares his story. Plus, a DAYTIME EXCLUSIVE with 6-year-old **JOHN-HENRY LEE** whose video went viral after he learned he was getting a heart transplant.

## About "Tamron Hall"

"Tamron Hall" is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

For times and channels, go to <a href="www.TamronHallShow.com">www.TamronHallShow.com</a> and follow the show on social media @TamronHallShow.

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