

Jan. 14, 2022

HIGHLIGHTS FOR 'TAMRON HALL' WEEK OF JAN. 17-21

'Tamron Hall' Tackles Today's Meaningful and Important Topics - So Let's Talk About It

Following are highlights for "**Tamron Hall**" for the week of **Jan. 17, 2022**. Please note: Lineup is subject to change.

Monday, Jan. 17: Making dreams into reality - CNN senior legal analyst and bestselling author Laura Coates on defining success on her own terms. Plus, Demi Skipper who used a TikTok challenge and a "trade-up" system to turn a bobby pin into a dream home. And, meet the 16-year-old who went from cutting hair in his school's bathroom to working with a barber to the stars. Also, longtime TV executive Ray Cole shares the valuable lessons he learned from the biggest names in Hollywood.

Tuesday, Jan. 18: In a daytime exclusive, sports executive Larry Miller, who helped build Michael Jordan's multibillion-dollar brand, opens up about the stunning secret he kept for decades, and why he's telling the world now in his confessional autobiography "Jump: From The Streets To The Boardroom." Plus, ABC's limited series "Women of the Movement" co-creator Marissa Jo Cerar and star Adrienne Warren. And, how a mother's secret almost cost her a relationship with her adopted daughter.

Wednesday, Jan. 19: Redefining what it means to be enough. Actress and author Grace Byers on growing up biracial, being raised by two deaf parents, her children's book and her latest TV show, "Harlem." Plus, author and podcast host Shani Silver on her movement to empower single women worldwide. And, a mom whose 4-year-old daughter gave her the confidence to start a business. Also, Dr. Judy Ho on how to stop self-sabotage.

Thursday, Jan. 20: Olympic gold medal skier Lindsey Vonn opens up about her revealing new memoir and how she finds joy now, off the slopes. Plus, the cast from Netflix's "Cobra Kai" joins Tamron to talk about the latest season of the popular show.

Friday, Jan. 21: How NFL's highest-paid offensive lineman Trent Williams turned a deadly cancer diagnosis into a miraculous comeback. Plus, how one small Minnesota town built a road out of ice after COVID closed the borders. And, how a photographer used her medium to turn the sadness of saying goodbye to her parents into a celebration of life.

"Tamron Hall" is produced by ABC News and is distributed in national syndication by Disney Media & Entertainment Distribution. The show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City and features a dynamic mix of live and taped shows.

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