



Dec. 12, 2022

"Which Way is the Right Way?" – Hosted by Ali Wentworth and parenting expert Dr. Adolph Brown, 12 families are put under the microscope in the ultimate parenting stress test. From hot-button topics and emotional challenges to shared learnings, the search to find today's most effective parenting styles begins as families take on the High Dive Challenge and the Yes Day Challenge on "The Parent Test," **THURSDAY, DEC. 29** (9:00-10:00 p.m. EST), on ABC. (TV-PG) Watch episodes on demand and on [Hulu](https://www.hulu.com) the day following their premieres. (Rebroadcast. OAD: 12/15/22)

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