



April 25, 2025

**HIGHLIGHTS FOR 'TAMRON HALL' SEASON SIX,
APRIL 28-MAY 2**

'Tamron Hall' Tackles Today's Meaningful and Important Topics — So Let's Talk About It

Below are highlights for "Tamron Hall" for the week of April 28, 2025. Please note: The lineup is subject to change.

Monday, April 28 True Crime with Tamron Hall: Today, we're meeting people behind the biggest true crime headlines in your feed right now. **MELISSA G. MOORE** joins the Tam Fam to talk about what it was like to find out her father was the Happy Face Killer. **DELIMAR VERA**, from the new documentary "The Hand That Robbed The Cradle," was thought to be dead after a fire in Philadelphia, but it turns out she lived and was raised by her kidnapper. And we have an update from two-time Emmy® Award-winning crime reporter **OLIVIA LAVOICE** and **JANE PARRENT** from "The Bakersfield 3: A Tale of Murder and Motherhood."

Tuesday, April 29 Unleash Your Essence: "Poppa's House" actress **ESSENCE ATKINS** joins us for a candid conversation on everything from her recent abstinence journey to her career longevity as a working mom. Then, **JENNY NGUYEN**, owner of The Sports Bra sports bar in Portland, Oregon, discusses her unique business model that focuses on the inclusion of women's sports. And **RACHEL KELLNER**, co-owner of Aigner Chocolate, has a surprise for Tamron! Plus, a brand-new Shop Tam Fam.

Wednesday, April 30 Full Court Press: Women's basketball powerhouse players and the season two stars of ESPN's "Full Court Press" **KIKI IRIAFEN**, **FLAU'JAE JOHNSON** and **HANNAH HIDALGO** are here! We get a behind-the-scenes look at their grit, heart and hustle on and off the court. Then, **ELLE DUNCAN**, co-host of ESPN's "College Gameday" and host of the WNBA's Countdown coverage throughout the season, joins the Tam Fam. And a DAYTIME EXCLUSIVE with renowned actors **VICTORIA ROWELL** and **ALLEN PAYNE** on "Jason's Lyric Live."

Thursday, May 1 Tamron's Tasting Table: Recipes That Raised Me. From eggplant parm to orange glazed sweet potato honey buns, we are having a feast! Coming to the table are author and head judge of Bravo's "Top Chef" **TOM COLICCHIO**, **CHEF ROBLÉ ALI**, **MILLIE PEARTREE** and from "RuPaul's Drag Race" **CARSON KRESSLEY**, bringing a special surprise for a lucky Tam Fam member!

Friday, May 2 Tina Knowles is here! One hour with one extraordinary woman, **MS. TINA KNOWLES**, as she shares stories of love, family and heartbreak from her newly released memoir "Matriarch."

“Tamron Hall” is distributed in national syndication by Disney Entertainment. Broadcast from New York City, the show is executive produced by Hall and Quiana Burns. The show broadcasts from New York City.

For times and channels, go to www.TamronHallShow.com and follow the show on social media @TamronHallShow.

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