



Jan. 5, 2024

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' JAN. 8-12

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Jan. 8-12. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan, with Dr. Jennifer Ashton as chief health and medical correspondent. The news program airs weekdays at 1:00 p.m. EST | 12:00 p.m. CST on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live.

Highlights of the week include the following:

Monday, Jan. 8 — ABC News contributor and SiriusXM radio host **Mike Muse**; TikTok influencer and author **Vivian Tu** ("Rich AF"); actor **Sterling K. Brown** ("American Fiction"); ABC News Live "Prime" anchor **Linsey Davis** shares her exclusive interview with actor **Jonathan Majors**

Tuesday, Jan. 9 — Musical performance by **Parmalee**; **Richelle Peña** shares her secrets for manifesting success in the new year; author **Jenn Drummond** ("Break Proof")

Wednesday, Jan. 10 — Actor **Lamorne Morris** ("Fargo"); Deals and Steals with ABC e-commerce editor **Tory Johnson**

Thursday, Jan. 11 — A musical performance by **Yellowcard**; lifestyle expert **Jené Luciani Sena** and shapewear solutions for all body types; award-winning historian and author **Dr. Ibram X. Kendi** ("Stamped from the Beginning")

Friday, Jan. 12 — Cooking with **Mike Puma** (Gotham Burger Social Club); Faith Friday with **Rev. Otis Moss III**

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